

OMEGA POST

3rd

VOLUME I

SPRING 2018

TALENT HUNT WINNER



STEP SHOW



SWEARING IN CEREMONY



DISTRICT MEETING

THE OFFICIAL NEWSLETTER OF THE

Third District of Omega Psi Phi



3RD DISTRICT OF OMEGA PSI PHI

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**Brother Alvin Swilley
District Photographer**

**Brother Craig Spraggins
Graphics Editor**



The Executive Council



Brother Kevin Brown
District Representative



Brother Conrado B. Morgan
First Vice District
Representative



Brother James Walker II
Second Vice District
Representative



Brother Shawn R. Lacey
District Keeper of Records
and Seal



Brother Walter B. Hill Jr.
District Keeper of Finance



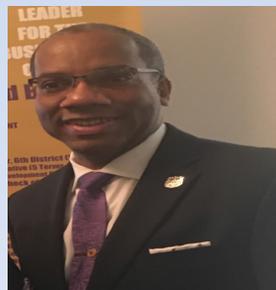
Brother J. Kevin McIntyre, Esq.
District Counselor



Brother Norm Senior
District Director of Public
Relations



Brother Rev. Courtenay L. Miller
District Chaplain



Brother Brian Johnson
2019 District Marshal



Brother Ezekiel Dennison
Immediate Past District
Representative

FORMER THIRD DISTRICT REPRESENTATIVES



TERM	DISTRICT REPRESENTATIVE OR STATE CONFERENCE PRESIDENT	CHAPTER
1934	Edward R. Archer – President	Lambda Omega
1935	Theodore L. Taylor – Vice President	Lambda Omega
1935 – 1936	A.B. Green – President	Lambda Omega
1936 – 1937	Oliver W. Hill – President	Gamma Alpha
1936 – 1937	C.W. Seay, 4th District Representative	Delta Omega
1937 – 1938	A.M. Banks – President	Delta Omega
1938 – 1940	A.G. Macklin – President	Gamma Alpha
1940 – 1942	E.F. Corbett, 4th District Representative	Lambda Omega
1940 – 1942	Harry T. Penn	Gamma Alpha
1940 – 1942	J. B. Blayton – President	Alpha Alpha
1942 – 1946	R.J. Kenny, Jr. – Basileus	Phi Phi
1942 – 1946	Harry T. Penn – District Representative	Gamma Alpha
1946 – 1947	Harry T. Penn – Basileus	Gamma Alpha

FORMER THIRD DISTRICT REPRESENTATIVES

1946 - 1947	Harry T. Penn - Basileus	Gamma Alpha
1947 - 1949	Thomas H. Shields	Lambda Omega
1949 - 1950	Walter H. "Crow" Riddick (Served as Grand K.R.S)	Lambda Omega
1950 - 1954	James D. Gill	Lambda Omega
1954 - 1956	James B. Williams	Phi Phi
1956 - 1958	Hiliary Jones	Lambda Omega
1958 - 1961	Charles D. Paige	Delta Omega
1961 - 1965	Hiram F. Jones	Alpha Omega
1965 - 1967	Frederick D. Nance	Lambda Omega
1967 -1970	Sylvester Blue	Delta Omega
1970 -1974	Melvin J. Washington	Alpha Omega
1974 - 1976	B. Thomas Garnette	Lambda Omega
1976 - 1978	Charles D. Chambliss, Jr.	Delta Omega
1978 - 1981	Kenneth A. Brown	Alpha Omega
1981 - 1983	James R. Clark, Sr.	Delta Omega
1983 - 1986	Vernon E. Johnson (Served as 2nd Vice Grand Basileus)	Lambda Omega
1986 - 1987	Robert W. Howard, Sr.	Alpha Omega
1987 - 1990	Robert W. Fairchild	Alpha Omega
1990 - 1993	Marion L. Barnwell	Xi Psi
1993 - 1995	Joseph C. McKinney	Delta Omega
1995 - 1997	Gary C. Clark	Alpha Omega
1997 - 1999	James "Pete" Peterson	Lambda Omega
1999 - 2002	Rayford Harris Jr.	Phi Phi
2002 - 2004	Curtis Baylor	Psi Alpha Alpha
2004 - 2006	Robert H. Lewis	Psi Alpha Alpha
2006 - 2009	Mark E. Jackson, Sr.	Alpha Omega
2009 - 2012	Anthony Knight	Lambda Omega
2012 - 2015	Robert C. Warren, Jr., ESQ	Alpha Omega
2015 - 2017	Ezekiel "Zeke" Dennison Jr	Delta Omega
2017 - Current	Kevin "KB" Brown	Kappa Iota Iota

<http://3rddistrictques.org/about-us/overview/district-reps/>

District Representative's Thoughts



Greetings Good Brothers of the Third District,

On behalf of the Third District Executive Council, I truly appreciate your confidence and support in our Administration as we continue to help uplift the Third District. As we continue to raise the bar, the Third District's hard work and persistent commitment to the vision of our beloved Founders are a suitable way for us continue service this year. While we carry on to cherish our legacy it is also important for us to remain focused on the pulse of our communities.

Recent events across the country remind us daily that our communities need us more than ever. From coast to coast, the men of Omega must continue to "Lead the Charge!" We must remain resolute and not forget the oath we swore to *Our Dear Omega!*

On behalf of the Third District Executive Council and the brothers of the Third District, I cordially invite you to join us at the 86th Annual Third District Meeting. You can register on the Third District Website: 3rddistrictques.org or contact the District Marshal Brother Brian Johnson: 703-727-8455 or @Storm41280gamma@gmail.com. Below you will find information on lodging. Thanks for your immediate attention to this matter and have a great day.

Fraternally,

Kevin Brown
Third District Representative

86th Annual Third District Meeting
Omega Psi Phi Fraternity, Inc.

Start date: 4/11/2019
End date: 4/14/2019

Hyatt Regency Dulles
2300 Dulles Corner Boulevard
Herndon, VA 20171
402-592-6464
Room code: Omega Psi Phi

Thank You Brothers of the Third District and Eastern Area III!

The Brothers of Eastern Area III

OMEGA PSI PHI FRATERNITY, INC.

Extend A Warm Invitation To The
85TH ANNUAL THIRD DISTRICT MEETING

APRIL 12-15, 2018

Marriott at City Center
740 Town Center Dr.
Newport News Va 23606



District Representative: Kevin Brown
District Marshal: Richard Mason
Deputy Marshals: Cameron Mix, Paul King, Eddie Richardson
Eastern Area III Supervisor: Malik Brice



*The Mighty Third District
85th Annual Meeting Photo*



Third District Health Seminar

Newport News, VA - The Third District of Omega Psi Phi Fraternity, Incorporated held its 85th District meeting at the Marriott at City Center in Newport News, Virginia, April 12-15, 2018 under the leadership of Brother Kevin Brown, District Representative. The district meeting was hosted by the chapters in Eastern Area III: Alpha Alpha (AA), Zeta Omicron (ZO), Kappa Iota Iota (KII), and Zeta Mu Mu. The four-day meeting kicked off on Thursday afternoon with a free Health Seminar. The seminar was part of a combined Social Action project for the brothers in the district that raised and donated \$500 and hygiene products to The Menchville House, an emergency housing facility for homeless families, and to the Avalon Center, a domestic violence shelter for women and children.

The Health Seminar was one hour long and free to the public. Brother Azar Allen (AA) and Brother Cameron Mix (ZMM) co-chaired the event. The seminar consisted of a panel of three people, all members of the Omega Psi Phi Fraternity, Incorporated, and all very versed and educated on the topics of preventative medicine and healthy diets.

The panel members were Brother Dr. Mark Innis (ZMM), Emergency Medicine Physician; Brother Charlie Hill (AA), Prostate Cancer Survivor and Enthusiast; and Brother Dr. Anthony Hayes (ZO), Primary Care Physician. The seminar was held in a town hall format with each panelist sharing from his perspective; questions and answers came from the floor as well. Brother Dr. Mark Innis spoke from the emergency medical care perspective. He said that when it comes to prostate checks and rectal exams, “it’s not a sexual thing, it’s just a part of the examination. Doctors don’t look forward to that part of the examination any more than the patient does, but it is necessary.” He also shared some programs that can help people get the medication they need at a reduced cost. For instance, Walmart has a \$4 prescription program for generic medicine. You can perform an internet search for Walmart \$4 program and find a PDF listing of the prescription medications available. He mentioned a program called Good Rx, and shared that Harris Teeter offers free antibiotics. None of these programs are income based.

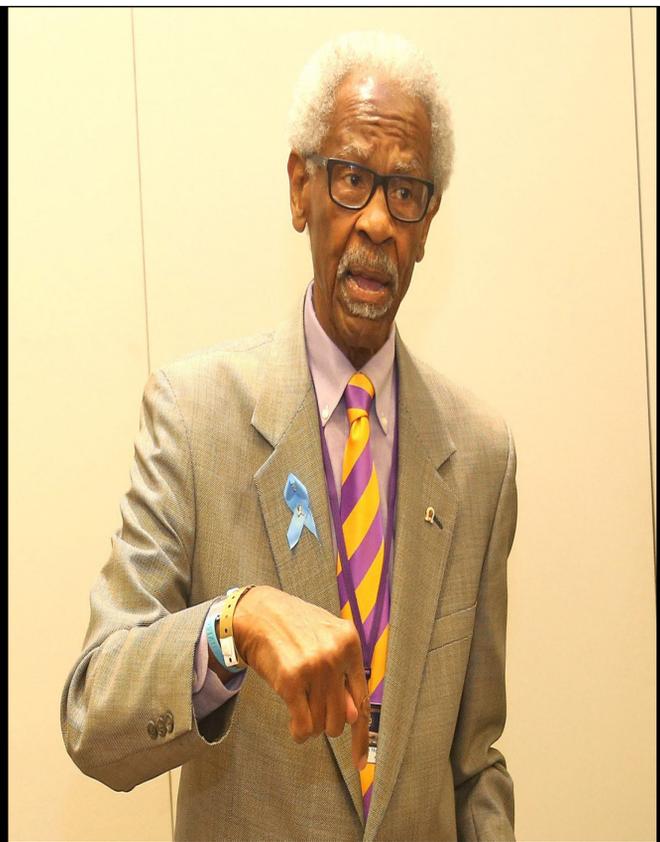
Brother Charlie Hill spoke primarily on the topic of prostate cancer. He told when you should start getting checkups and exams, why you should do so, and the importance of also knowing your family health history and how all that plays a part in preventative medicine. He also answered the question, “does having a positive prostate diagnosis or cancer affect your sex drive or ability to perform?” Brother Hill answered, saying no; medicine has evolved to help with that. In Brother Hill’s closing words, he suggested that if you have any health or medical issues that you should wear a bracelet with your medical information on it so in case of emergency, a doctor can immediately know your medical history.

Brother Dr. Anthony Hayes spoke on preventing and living with diabetes, high blood pressure, and high cholesterol. Brother Hayes said, “the number one thing we neglect is our diet.” He told the story of a study that was done on some men in Africa that lived off the land and didn’t eat the processed food that we eat here in America, and how they did not have cancer. But when they came to the United States they would change their eating habits and would get sick with cancer. He said the movie, “What the Health,” was a real eye-opener and addressed/made some very good points. Dr. Hayes’s closing remarks listed some foods that we should eat and some foods that we should stay away from such as; 1. Eat fruit; 2. Eat vegetables- green leafy vegetables; 3. Plan our meals; 4. Exercise; 5. Sleep 8 hours a day; and 6. Be conscious of our portion sizes. Some things he said to stay away from are: 1. Transfat; 2. Granola; 3. An abundance of yogurt; 4. Limit your juice intake- juice is very high in sugar; 5. stay away from simple carbs; and 6. avoid processed food.

The Health Seminar was very informative and well-received; the information was invaluable. For this to have been the kickoff event for the 85th Annual Third District Meeting, it not only set the tone for the weekend, but it showed, based on the members of our panel and their respective titles, that our cardinal principles of this great fraternity: manhood, scholarship, perseverance, and uplift, continue to shine through.



Third District Health Seminar



*DC Council Bill 22-518 Founder Ernest Everett Just Court
Designation Act of 2017 Proposed by Brother Donnie Lucas,
Basileus, Alpha Omega Chapter*

*Council Period 22
Legislative Summary
Results of the Twenty-Second Legislative Meeting
May 1, 2018*

CONSENT AGENDA

FINAL READING AND VOTE ON PROPOSED BILLS

Grocery Store Restrictive Covenant Prohibition Act of 2018 (Bill 22-60)

PASSED-removed from consent

Closing of a Public Alley in Square 748, S.O. 16-21105, Act of 2018 (Bill 22-328)

PASSED

Closing of a Public Alley in Square 5196, S.O. 17-05785, Act of 2018 (Bill 22-412)

PASSED-removed from consent

Closing of a Public Alley in Square 211, S.O. 17-26363, Act of 2018 (Bill 22-555)

PASSED

Walter Alley Designation Act of 2018 (Bill 22-117)

PASSED

Consumer Protection Clarification and Enhancement Amendment Act of 2018 (Bill 22-185)

PASSED

Ernest Everett Just Court Designation Act of 2018 (Bill 22-518)

PASSED

Watkins Alley Designation Act of 2018 (Bill 22-538)

PASSED

Israel Baptist Church Way Designation Act of 2018 (Bill 22-557)

PASSED

Swampoodle Park Designation Act of 2018 (Bill 22-629)

PASSED

This was the bill to rename the alley in LeDriot Park as Ernest Everett Just Court.



Nu Psi Chapter
2018 Third District Step Show Champions

Brother Anthony Knight
26th Third District Representative



Keynote Speaker
Leadership Breakfast
85th Annual Third District Meeting

Alpha Iota-L-I-F-E! It's in the Game! CheckMate!



SUFFOLK, VA— Wednesday, March 28, 2018, The Golden Fold - Suffolk in conjunction with Alpha Iota (AI) Chapter of Omega Psi Phi Fraternity, Inc. had their regular session at the Taylor Bend Family YMCA.

This was the second session of the Young Leaders meeting to learn the game of chess. The instructor applies chess to everyday life to the Young Leaders. Chess is a thinking game and you have to be able except the consequences with each move you decided to make. Life has the same perspective; the choices you make today will have an impact on your future. The chess instructors were; Keith Basil and Clifford Franks.

The Golden Fold - Suffolk is the youth mentorship program of Alpha Iota Chapter, Third District of the Omega Psi Phi Fraternity, Inc., an international nonprofit social and civic service organization that has over 700 chapters with 100,000 members in 14 countries worldwide. AI's Golden Fold - Suffolk serves the greater community of Suffolk City Virginia by offering community service projects, field trips, college lectures, and university tours on the weekends. The Golden Fold - Suffolk serves approximately 20 students from middle school to graduating seniors in high school in the Suffolk city community.

Alpha Iota is a graduate chapter of the Omega Psi Phi Fraternity, Inc., the fraternity is an international nonprofit social and civic service organization that has over 700 chapters with 100,000 members in 14 countries worldwide.

Since the chapter's founding in Western Tidewater Region in Virginia in 1939, AI has supported public and community events across the region benefiting scholarship, health promotion, youth mentorship, citizenship, and social action. Alpha Iota was recently named the Third District, Omega Psi Phi Fraternity, Incorporated District Chapter Runner up Mentoring Award.

Alpha Iota serves Suffolk, VA and the surrounding cities of Coastal Virginia.

ALPHA IOTA CHAPTER “PEER PRESSURE”



Suffolk, VA- Wednesday, April 11, 2018, The Golden Fold - Suffolk, in conjunction with Alpha Iota (AI) Chapter of Omega Psi Phi Fraternity, Inc., had their regular session at the Taylor Bend Family YMCA.

The topic of discussion was PEER PRESSURE. The young leaders gave examples of the experiences they have encountered with peer pressure. They listened to each other's story and gave advice to one another as uplift. Following that our guest speaker, Mr. Jay Hooper, introduced Science Technology Engineering and Math (STEM) to the young leaders. Mr. Hooper issued out a model vehicle that had to be assembled with a battery connection and operate off salt water. The young leaders paired up into groups and started thinking and assisting one another in putting the modeled vehicle together and into operation.

The Golden Fold - Suffolk is the youth mentorship program of Alpha Iota Chapter of the Third District, Omega Psi Phi Fraternity, Inc., the fraternity is an international nonprofit social and civic service organization that has over 700 chapters with 100,000 members in 14 countries worldwide. AI's Golden Fold - Suffolk serves the greater community of Suffolk City Virginia by offering community service projects, field trips, college lectures, and university tours on the weekends. The Golden Fold - Suffolk serves approximately 20 students from middle school to graduating seniors in high school in the Suffolk city community.

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Upsilon Nu Chapter and Phi Phi - Omega Stars Academy Program



Richmond, VA- On Saturday October 21, 2017, Upsilon Nu Chapter and Phi Phi Chapter participated in their Joint Mentoring program. The chapters took fourteen members of the Omega Stars Mentoring Program to the premiere of the movie “Marshall”. This outing is just part of the enrichment portion of the Omega Stars Mentoring Program. Brothers Jamal Hill and Patrick Patrong representing Phi Phi and Upsilon Nu respectively are the custodians of the program.

We are very much aware that this is where the work begins and that the participants do not have the context of what the movie is about. We are also aware that they will not get the context of this movie at their schools. So, the challenge lies on us to expose them to as much as possible and at the same time educate them on what they are seeing and the impacts of what they are seeing.

“We were trying to expose the students to a lesser known part of Thurgood Marshall’s life. The story reflected on accepting challenges with the associated work required to succeed against the odds. We also wanted to demonstrate that even though Mr. Marshall made great sacrifices to achieve some of his successes, he realized he could not do it alone” stated Bro. Patrong. There are currently 20 males in the program, of which 14 were able to attend the movie and get a chance to hang out with the brothers. The participant will be working on a social action program in November.



Sigma Mu Mu Conducts Blood Drive With Inova To Save Lives



Loudoun County, VA - On March 25, 2018, the Omega Psi Phi Fraternity, Inc., Sigma Mu Mu Chapter, held its annual Dr. Charles R. Drew Blood Drive. The Inova Blood Donor Services Center of Sterling, Virginia allowed access to and the use of their facilities for those willing to give blood. A total of 22 donors signed up, and 14 units of blood were collected. The majority of the donors were out enjoying their Sunday, saw the Brothers with blood drive signs, and decided to contribute to a great cause. Inova officials were very appreciative, and recognized Sigma Mu Mu for bringing in so many donors. This recognition of the Chapter's good work was expressed both in person and by letter. The patrons commended the Brothers for their willingness, on a cold Sunday afternoon, to help solicit donors and raise awareness of the need for more blood. This is important because donors are needed now more than ever. The demand for blood is steadily increasing while blood donation levels are decreasing.

The Inova Blood Donor Services Center supplies lifesaving blood and blood products to 24 different hospitals in Northern Virginia and throughout the Washington metropolitan area. They also work with national and international redistribution organizations. Sigma Mu Mu and the Inova team look forward to teaming up every year, and are already planning for the next blood drive.

Once again, Sigma Mu Mu demonstrated its commitment to service in Loudoun County. By leading this worthy effort to raise awareness of the need for an increase in the blood supply, the Brothers helped to save lives in the local community and beyond.

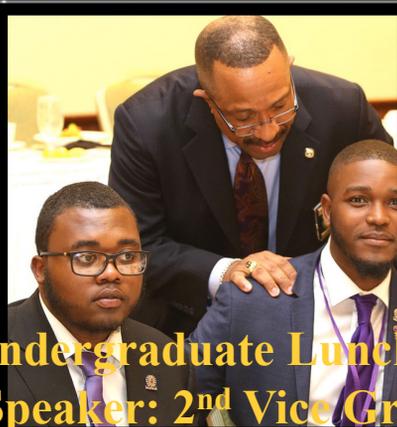
*The 2nd Vice Grand Basileus
Brother Cody Charles*



*Guest Speaker
Undergraduate Luncheon
85th Annual Third District Meeting*



**Undergraduate Luncheon
Keynote Speaker: 2nd Vice Grand Basileus**



**Undergraduate Luncheon
Keynote Speaker: 2nd Vice Grand Basileus**

Pi Lambda Lambda's OMEGA U 2nd Annual Black History Program



Dumfries, VA -Students, parents, mentors, and brothers of Pi Lambda Lambda attended a student led Black History Program at Potomac Senior High School in Dumfries Virginia on February 24, 2018. Students from Potomac Senior HS sponsored and led the event to an audience of over 100 participants. Students from Potomac Senior executed all event planning and coordination, public speaking, and provided leadership to their fellow Omega U students from participating Prince William County campuses and surrounding areas. Omega U has over 115 students that participates in community, STEM, and team building activities while partnering with Prince William County Schools, parents, and teachers in mentoring students from 3rd grade to graduating seniors in high school.

The audience listened to an engaging and thought-provoking oration from Donald Jones, Jr. (DJ). DJ is currently a student at Georgetown University in Washington, D.C . earning his Master's Degree in Physiology for May 2018. DJ earned a Certificate in Advanced Biomedical Sciences from George Mason University in 2017, a Bachelor's in Health Sciences from James Madison University in 2016, and is a proud graduate of C.D. Hylton HS in 2012. DJ was the top scholarship recipient of the George M. Hampton Foundation Scholarship in 2012 and was freshman and sophomore student of the year at James Madison University for his work and dedication in the community for service and uplift. DJ currently works part-time at the Hylton Boys and Girls Club in Dale City, Virginia while finishing his master's degree with aspirations to become a Pediatrician.

Zeta, Phi Delta, Phi Phi and Upsilon Nu Chapters Participates in Joint Talent Hunt



RICHMOND, VA -Sunday, March 11, 2018, the Zeta, Phi Delta, Phi Phi and Upsilon Nu Chapters of the Omega Psi Phi Fraternity Inc. conducted their Joint Annual Talent Hunt Program at the 31st Street Baptist Church. Contestants from across the Greater Richmond area participated in this event, while family members, School teachers/advisors and neighbors cheered their efforts.

First place was awarded to Ms. Ariel Adams in the amount of \$300.00, second place was awarded to Ms. Ava Lipford in the amount of \$200.00 and third place was awarded to Ms. Kamryn Owen in the amount of \$125.00.

Those in attendance were treated to an entertaining and enjoyable afternoon of the Musical Arts.” These contestants are to be commended for showcasing their talents with the community. They spent long hours working to improve on their artistic skills, in addition to their high school workloads”, stated Bro. Goldsborough. That can be attested to by the Judges (David Corey, Danah Dargon and Alvin Campbell). Our community gains whenever we see our youth striving for their dreams and we will continue to support them.

In addition to the Talent Hunt Contestants, there were also two exhibition performers both playing piano:

Phoebe Johnson
Kian Stevens



Upsilon Nu Career Day at Wilder Middle School



RICHMOND, VA, Tuesday, March 27, 2018; Upsilon Nu Chapter came out to support Career Day at L. Douglas Wilder Middle School. Brother Michael Harris coordinated the event with Wilder Middle School. The presentations were broken down by grade levels 6th, 7th and 8th. Brothers gave presentations on the following career areas: Insurance, Manufacturing, Accounting and Finance. Over sixty kids were presented with presentations on possible career paths.

Brother Michael Swain spoke about careers in the Insurance Industry; the kids were surprised to know that there were many different types of occupations within the Insurance Industry. Brother T.R. Darden spoke to the kids about careers in Accounting and Finance. Brother Darden made the kids aware that it was okay to have multiple skills and multiple occupations and that is why it is so important to pay attention in class and to read as often as possible. We can see the enthusiasm from the kids each year we go to Wilder Middle School. Many were present last year for our initial partnership.

Brother Freager Sanders presentation was focused on giving the students a simple description of manufacturing and potential careers in the field. “The students in the STEMS program were actively engaged and interested in gaining an understanding of what they needed to do to prepare for roles in manufacturing. Most understood the importance of focusing on their education.” stated Bro. Sanders.



Alpha Omega - Omega Lenten Season Revival "Lift as we Climb" 2018 -

OMEGA LENTEN REVIVAL 2018

 Kendrick Curry Preacher FEB 20th	 Courtney Miller Host Pastor Norbeck Community Church Lecturer: Dr. Bernard Richardson Topic: Manhood Time: 7 p.m.	 Enoch Perry Preacher FEB 27th	 Ademuyiwa Bamiduro Host Pastor Walker Memorial Baptist Church Lecturer: Dr. James E. Terrell Topic: Scholarship Time: 7 p.m.
 Leonard Hamlin Preacher MARCH 6th	 Lucius Dalton Host Pastor Mt. Moriah Baptist Church Lecturer: Rev. Joe Williams Topic: Perseverance Time: 7 p.m.	 Courtney Miller Preacher MARCH 13th	 Kendrick Curry Host Pastor Pennsylvania Avenue Baptist Church Lecturer: Rev. Edward A. Hailes, Jr. Topic: Uplift Time: 7 p.m.
 Ademuyiwa Bamiduro Preacher MARCH 20th	 Enoch Perry Host Pastor God Glorified C.O.G.I.C Lecturer: Rev. Hugh Elmore Topic: Manhood Time: 7 p.m.	 Kendrick Curry Host Pastor SEVEN LAST WORDS SERVICE Good Friday, March 30th Time: 12:00pm Pennsylvania Avenue Baptist Church Music by the Omega Chorale, Alpha Omega Chapter Service in honor of our Senior Omega Brothers Lunch immediately following ALL HONORARIUMS FOR THE PREACHERS AND MONETARY OFFERINGS TAKEN DURING SERVICES WILL BE DONATED TO THE ALPHA OMEGA SCHOLARSHIP FOUNDATION	
 Lucius Dalton Preacher MARCH 27th	 Leonard Hamlin Host Pastor Macedonia Baptist Church Lecturer: Rev. Adamio Boddie Topic: Scholarship Time: 7 p.m.		

Washington, D.C., The first verse from PSALM 133 sums up this Omega event best, "Behold, how good and pleasant it is for brethren to dwell together in unity." So, it was from February 20th thru March 30, 2018 the **Brothers in Ministry of Alpha Omega Chapter, Omega Psi Phi, Incorporated** organized and held the second annual Omega Lenten Season Revival.

A powerful messages was delivered and received every evening. The brothers and members of the host churches in attendance were blessed to be in the number. In spite of having to cancel service on the 20th of March due to severe weather the pastors were not deterred. This event culminated with a fantastic "Seven Last Words" afternoon service on March 30th at the Pennsylvania Baptist Church in Washington, D.C. The Brothers in ministry continued to be a blessing to the community and brotherhood by donating all honorariums and offerings from the revival ---totaling close to \$8,000.00 dollars to the Alpha Omega Social Action and Scholarship Fund. All proceeds are earmarked for scholarships for deserving African American male high school seniors planning to attend college.



Lambda Omega Feeding the Homeless



NORFOLK, VA-The brothers of Lambda Omega chapter teamed up with Grace Episcopal Church on Tuesday, March 20, 2018, to volunteer time and services by assisting them with their food distribution (Bernard Eure Assistance Program) out-reach ministry. This is a collaboration that the chapter participates in annually.. Grace Episcopal Church is a historical African-American church in the Norfolk community just blocks away from Norfolk State University. This year the church celebrates its' 135 year anniversary.

The brothers provided funding for the food that was prepared, and served a greatly appreciated three course dinner to roughly forty-four individuals. This is just a just a mere handful of the many homeless men and women that live in Norfolk. It is not easy to accurately say how many homeless people are in the Hampton Roads community, but in 2016, officials counted 1,885 homeless people in area cities including Norfolk, Chesapeake, Portsmouth, and Virginia Beach.

The experience is always humbling and warming for those who can sacrifice a few hours to serve and uplift the spirits of someone who is down on their luck. It is not about just serving dinner and moving along, but brothers often engage in conversation with some of the more socially open attendees. Sometimes a little humor is expressed just to bring light, laughter and smiles to the atmosphere. Even those who feel like they have nothing needs to be reminded that they matter, someone does care, and that there is always hope for a better tomorrow.



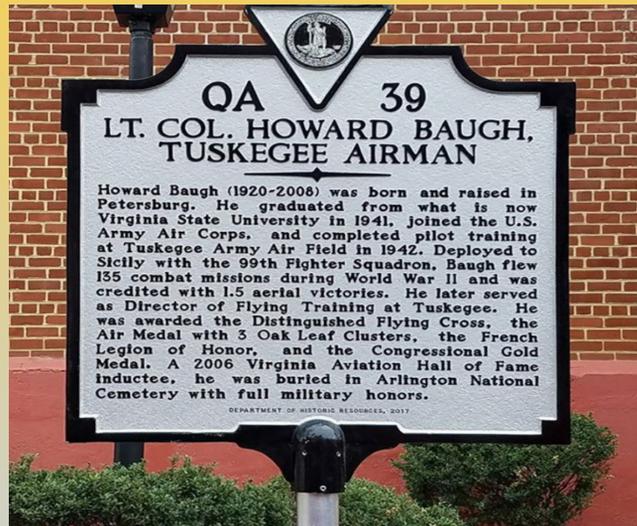
Lambda Omega “Reading Across America”

In customary tradition, Lambda Omega Chapter brothers participated in the annual Reading Across America program. Each year brothers from the chapter volunteer to visit a local elementary school the event. The men of Omega visited the Ready Academy Christian School, located on Bute Street in Norfolk, to spend time reading to the students in the classrooms or other designated areas. NEA's Read Across America is an annual reading motivation and awareness program that calls for every child in every community to celebrate reading on March 2, the birthday of beloved children's author Dr. Seuss. The program was established March 2, 1998, and is now the largest celebration of reading that takes place nationwide in the United States.

This is not the only program where the men of Omega are involved with the youth in the community. The Male Youth Academy which focus's enriching the lives of young males in the community middle to high school ages is a fraternity program with a four month curriculum. The Reading Across America program gives the brother's an opportunity to go into the classrooms and interact with kids of both genders and all races. There are children in Norfolk who rarely get the opportunity to interact with a positive male figure stressing the importance of a good education, and being a perfect example of where education can take them in life.



In Honor of a Petersburg, Virginia Native Lt. Colonel William L. Baugh a Tuskegee Airman



PETERSBURG, VA- In memory of legend from Petersburg, Virginia Lieutenant Colonel William L. Baugh was honored with a highway marker which was unveiled on the 17th of March, 2018 at the corner of Sycamore and Old streets Petersburg, Virginia. The family and friends all gathered to honor their father, friend, and hometown hero Lt. Col. William L. Baugh who joined the Tuskegee Airman Pilot Program, the first African American squadron in U. S. military history after graduating from Virginia University. Congressman Donald McEachin, Department of Veteran Services Commissioner John Newby, Mayor Samuel Parham, and the City Manager Aretha Ferrell-Benavides of Petersburg all spoke at this historical event. Two of our Brothers from Omega Psi Phi, Inc., Delta Omega Chapter were in attendance Brother James R. Clark a member of the Howard Baugh Chapter of the Tuskegee Airman (Petersburg) and Brother Bruce L. Brown a member of the Military Officer Association of America (MOAA) in which Lt. Colonel William L. Baugh was a devoted member in both organizations until his passing in 2008.



Tau Rho Chapter Participates In Passport to Manhood, Youth Mentoring Retreat Seminar

Fredericksburg, VA: Over 22 Mentee's and 10 Brothers from Tau Rho Chapter participated in the Passport to Manhood, Youth Mentoring Retreat Seminar at the Fredericksburg, Golden Coral on March 24th. The event, scheduled from 9:30 AM to 1:30 PM, focused on getting the Mentees out of the house and away from the classroom setting to focus on educational and enrichment sessions and to enjoy some good food in a great private meeting room atmosphere.

The Rappahannock Regional Uplift and Scholarship (RRUS) Foundation, sponsors the Passport to Manhood Youth Mentoring Program in cooperation with The Fredericksburg Boys and Girls Club and Tau Rho Chapter. Co-leads for the Passport to Manhood Program are Brother Mark McLaurine and Brother Forrest Parker. The Saturday Retreat Seminar included educational classes presented by The Fredericksburg Boys and Girls Club, Brothers of Tau Rho Chapter, and Members of the RRUS Foundation. The classes included sessions on Etiquette - Facilitated by Brother Forrest Parker, Leadership - Facilitated by Brother Terry Lee, Managing Your Parents - Facilitated by Brother Vince Smithers and S.T.E.M for Success - Facilitated by Brother Tracy Whitehurst. The seminar ended with a series of hands on S.T.E.M experiments that the mentees thoroughly enjoyed.



Lambda Omega Talent Hunt Program

On Sunday, March 18, 2018, Lambda Omega Chapter of Omega Psi Phi Fraternity, Inc., Lambda Omega Scholarship, Talent Hunt and Social Action Foundation and Pi Gamma Chapter, Norfolk State University held its annual Talent Hunt Program. The event was held at Second Calvary Baptist Church. Dr. Geoffrey V. Guns is Senior Pastor.

The Omega Talent Hunt was created in the Fraternity's Sixth District (North and South Carolina) in 1945. The first district talent hunt was held in Charlotte, North Carolina on April 19, 1946. The need for such a program was born out of the unequal opportunities afforded to some American youth to develop and give full expression to their talents. Many of the participants are money poor, but rich in talent. This program provides exposure, encouragement, and financial assistance to talented young people. Currently, some participants at the national level are awarded scholarships.

The Lambda Omega Scholarship, Talent Hunt and Social Action Foundation is committed in its search for outstanding talent in the Greater Hampton Roads area to present and expose to our audiences. We want you to enjoy these outstanding performers and express your appreciation for their hard work and dedication to excellence. The Lambda Omega Scholarship, Talent Hunt, and Social Action Foundation is a 501(c)3 organization and all donations to the foundation are tax deductible. Pi Gamma Chapter is the under-graduate chapter chartered on the campus of Norfolk State University in 1962. These young men of Omega serve as mentors and role models in the Hampton Roads community. Their participation in numerous service projects enhances the quality of life throughout the region. The chapter is recognized nationally and internationally as one of the outstanding undergraduate chapters in the fraternity. Many brothers of Lambda Omega Chapter were initiated into the fraternity as undergraduates of Pi Gamma Chapter.

The results of the competition are as follows: First place \$500.00 prize was awarded to Ava Shedd of Grassfield High School who performed her rendition of “Concerto No. 5 in minor”, 1st Movement composed by violinist Henri Vieuxtemps. Second place \$400.00 was awarded to vocalist Donte' Thompson, Churchland High. Third place \$300.00 prize was awarded to vocalist Jaelin Mitchell, B.T. Washington High. Fourth place \$100.00 prize was awarded to trumpeter Austin Wall, Norcom. All contestants received certificates of participation.

The judges for this program were Mr. Elston S. Fitzgerald, Jr., Mrs. DeVaughn Scott-Smith, and Ms. Keara Smith. Brothers representing Pi Gamma Chapter served as ushers for this program. Bro. Jerome Bynum serves as chairman of the foundation, the Talent Hunt committee, and also presided over the program as the emcee.



PLL OMEGA U Leaders Selected as Judges for the Cleveland Elementary Science Fair



Dumfries, VA-Brother Michael Frazier and Brother Will Nelson of Pi Lambda Lambda Chapter of Omega Psi Phi Fraternity, Inc., of Dumfries Virginia served with a group of selected judges from around the Northern Virginia/DC Metropolitan area to analyze and select winners of the elaborate science fair at Cleveland Elementary School (ES) of Washington, D.C. on March 16, 2018. The science fair included 85 individual projects and 10 team group projects from grades K thru 5 in the areas of Botany, Physics, Earth Science, Math, Chemistry, Microbiology, and Engineering. Cleveland ES students and teams gave oral presentations and demonstrations of their projects to selected judges and were critiqued on areas of presentation, question, hypothesis, procedures, conclusion, overall knowledge, and interaction with the judges while presenting their project.

Cleveland Elementary School is an award-winning school located at 8th and T Streets NW in the District of Columbia. The school has served the Shaw community for 100+ years. Cleveland is one of the several schools in the DCPS system with a dual-language Spanish immersion program. The school has withstood segregation in its long rich history and has done a remarkable job in recognizing the changing demographics of its students—60% African-American, 31% Latino.

The selection of Brothers Frazier and Nelson is a tribute to their expertise and community recognition of their dedication to youth programs focused on Science, Technology, Engineering, and Math (STEM), the basis of the Pi Lambda Lambda's Omega U program. Omega U is the youth mentorship program of Pi Lambda Lambda Chapter of the Omega Psi Phi Fraternity, Inc. This program currently serves over 100 students in six elementary, middle, and high schools across Prince William County. Pi Lambda Lambda (PLL) Chapter is a graduate chapter of the Third District, Omega Psi Phi Fraternity, Inc., an international nonprofit social and civic service organization that has more than 700 chapters with 100,000 members in 14 countries worldwide.

Annual Unsung Heroes Banquet Marks 30 Years



VIRGINIA BEACH, VA—The South Hampton Roads Pan-Hellenic Council—SHARPC—recognized the performance of members and community leaders at a banquet held on March 17, 2018 at the Holiday Inn Virginia Beach--Norfolk. This marked the thirtieth year for the event. More than 300 supporters gathered to honor selected members of the nine historically Black Greek letter organizations. This milestone program opened with past heroes being saluted as they paraded into the banquet hall. This year, Brother Nickolas Evans, Jr. and Brother James Sandifer were the Omega Men honored during this milestone event. Evans is the current Keeper of Finance of Lambda Omega Chapter in Norfolk, VA. The Lawrenceville, VA native is a graduate of James Madison University and Old Dominion University, and entered the Fraternity via Beta Delta Delta Chapter at JMU. He is a Family Life Educational Specialist in Chesapeake, VA. Sandifer is the assistant Keeper of Records and Seal for Gamma Xi Chapter in Virginia Beach, VA. He is a Lt. Commander in the United States Navy and entered the Fraternity via Gamma Xi in 2015. The Embry Riddle University graduate is pursuing a Masters in Theology at Liberty University. Brother Nicholas Evans, Sr. receives his Unsung Hero plaque from SHARPC president, Edwina Forrest (Delta Sigma Theta) and Lambda Omega Basileus, Renaldo Barber. Bro. James Sandifer receives his Unsung Hero plaque from SHARPC president, Edwina Forrest (Delta Sigma Theta).



The “Beach Brothers” award Talented Teens



Virginia Beach, VA--Gamma Xi Chapter, Omega Psi Phi Fraternity, Inc. in Virginia Beach, held its annual Talent Hunt at Zeiders American Dream Theatre on March 18, 2018. The event was co-hosted by Tau Lambda Chapter of Old Dominion University. Six area high school students performed, competing for \$1000 in cash awards from the Gamma Xi Uplift Foundation (GXUF) and the opportunity to represent the chapters at the Third District Meeting in Newport News in April. The first place prize went to vocalist, Naomi Spence, age 17, from Grassfield High School. Chozin Johnson, 16, of Booker T. Washington High performed an original spoken word piece to earn second place. Third place went to guitarist Stephen Shedd, 16, from Grassfield High. Other contestants were: Adam Collier-Owens, Thaddeus Coffey and Kameron Gray. David Whitted is the Talent Hunt committee chairman. Brother Turan Smith is the Basileus (President) of Gamma Xi and Brother Darien Grant is the Basileus of Tau Lambda.



Pi Lambda Lambda's Supports Saving A Piece of Forgotten History - The Havre de Grace (HdG) Colored School



Woodbridge, VA- Members of Pi Lambda Lambda Chapter, Omega Psi Phi Fraternity, Inc. (PLL, Inc.) teamed with Prince William County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. (PWCAC-DST, Inc.) to raise more than \$13,000 to save the Havre de Grace (HdG) Colored School. The one-hundred-year-old historic school building was under private ownership and pending sale. The asking price was \$800,000. After 2 years of negotiations, the HdG Colored School Foundation was able to convince the owners of the property to donate the building with a stipulation that the foundation payoff the exiting \$153,000 mortgage. A closing date of 30 days was set, and the foundation needed an additional \$70,000 to add to their existing fundraising efforts.

Brother Emmitt Fletcher (PLL 2006) and his wife Vera Fletcher, a member of Prince William County Alumni Chapter, Delta Sigma Theta Sorority, Inc. (PWCAC-DST), spearheaded the effort to help the Foundation preserve this valuable piece of African-American History. They sent emails and made countless phone calls to bring attention to this cause. They hosted a Gumbo & More Fundraiser that raised \$2,000 in one day. In less than two weeks, Emmitt and Vera, the Brothers of PLL and the Sorors of PWCAC-DST raised more than \$13,000.

More than just brick and mortar, the school symbolizes the lives and legacy of those ancestors who fiercely advocated for better educational opportunities for African-American students. Built during the days of segregation, the building tells a story of determination and perseverance of parents, teachers and concerned citizens who simply wanted to give African-American children a better chance at life.

Today, with the help of PLL, this historic landmark is now back in the hands of the community. The building will be used as a museum and cultural center and will feature Omega Brother Langston Hughes, a frequent visitor to the school and a close friend and fraternity brother of the school's principal, the late Leon S. Roye. A Langston Hughes oratorical contest "Hold Fast to Dreams" was held to raise funds for students grades 6-12. The future museum and cultural center will stand as evidence of our commitment to the community and the combined efforts of our membership that exemplify greatness of our brotherhood.

The Foundation needs money to renovate the school. For more information on the HdG Colored School or to donate to this worthy cause visit www.hdgcoloredschool.net or call (703) 398-6133.

Zeta Omicron “CleanUp is for Our Community!”



Hampton, VA – On May 10, 2018, Zeta Omicron Chapter of Omega Psi Phi Fraternity, Incorporated celebrated the Hampton Clean City Commission’s 40th anniversary during their monthly Adopt-A-Spot cleanup. Zeta Omicron has played a crucial role in the “Keeping Hampton Clean & Beautiful Since 1978” campaign. They have been the Ambassadors of the community by ensuring that the streets are cleaned and well-preserved. Because of their contributions to the community, the city of Hampton awarded Zeta Omicron with an “Honorable Mention” in December 2018. The Zeta Omicron’s Adopt-A-Spot program are located on Marcella Road and Coliseum Drive in the city of Hampton, VA. Brother Eric Leach, Adopt-A-Spot Chairman, stated, “He is committed in the Adopt-A-Spot program because it represents his community.”

Kappa Iota Iota Chapter Feed the Needy



Newport News, VA— The Brothers of Kappa Iota Iota (KII) Chapter of Omega Psi Phi Fraternity, Incorporated participated in their monthly Feed the Needy volunteer program at Saint Augustine Episcopal Church located in downtown Newport News, VA. Some of the many duties that the brothers performed were greet the community at the door, check people in to verify their eligibility, seat the guests, and serve the plates to their respective tables. This is one of the multiple routine civic projects that the “Service Chapter” contributes effort to throughout the Hampton Roads area.

MEAC honored SCSU Grad



Alpha Alpha Chapter Brother Retired Lt. Col. David R. Doctor, a South Carolina State alumnus, was among graduates of Mid-Eastern Athletic Conference (MEAC) schools recognized Thursday during the league's annual basketball tournament at The Scope arena. Doctor, along with an alumnus from each of the league's 13 schools, will receive a Distinguished Alumni Award during an on-court ceremony at halftime of Thursday's 8 p.m. quarterfinal contest.

The honorees were recognized for notable achievements and outstanding contributions to their universities.

A long-time and avid supporter of his alma mater, Doctor has made significant financial and other contributions to S.C. State University. He is a member of the university's Miller Society, which includes individuals who have contributed \$100,000 in cumulative giving to S.C. State through the SCSU Foundation.

A life member of the SCSU National Alumni Association and a current member of the Tidewater Peninsula Alumni Chapter, Doctor has been involved in alumni activities on the national and local level for decades. He served as chairman of the 2008 SCSU National Alumni Convention and has been chairman of the SCSUNAA Awards Committee for nine years. A native of Camp Branch, S.C., he was featured on the association's first Stellar Alumni Calendar in 2007 and was recognized as its Alumnus of the Year in 2008.

Doctor has been a member of the STATE Club that supports Bulldog athletics at the millennium level (\$1,000 plus) for the past 12 years. In 2007, he established an "ROTC Uniform/Book Scholarship" in memory of his late father that provides funds to a deserving SCSU ROTC student each year.

Doctor earned a bachelor's degree from S.C. State in 1974 and was commissioned a second lieutenant in the U.S. Army. He later received a master's from Hampton University.

In the military, he held a wide variety of important command and staff positions, and was awarded a number of meritorious honors during a 22-year career. He currently works for Technical and Project Engineering as the TRADOC project manager of the Institutional Training Resource Model – a model used to evaluate institutional training and education requirements for soldiers in the U.S. Army. He is an active member of The ROCKS, Inc., the S.C. State University Military Alumni Association, and is active in his church and community.

Doctor, a life member of Omega Psi Phi Fraternity, Inc., and his wife, Camilla Moore Doctor, have three children: David, Tasha and Derrick; and a grandson, Glenn Sean.

ASALH 92nd Annual Black History Luncheon

Washington, D.C. - Hundreds of ASALH members and supporters gathered for the 92nd Black History Luncheon Saturday, February 24, 2018 at the Washington Renaissance Hotel in Northwest to remember Brother Carter G. Woodson and to follow in his footsteps by paying tribute to Blacks in the military, past and present, while exploring their reasons for serving.

A capacity-filled ballroom of military active-duty men and women, veterans, family members and survivors, along with college and high school ROTC officers, listened as Maj. Jaspren “Jas” Boothe, Army Reserves, moderated a discussion on the reason why Blacks join the military. Panelists included retired Lieutenant General (Brother) William E. “Kip” Ward, Dr. James Dula, a retired Air Force major, and Cadet Simone Askew, first captain, U.S. Military Academy, West Point.

Askew, a Rhodes Scholar who at the age of 20 broke racial and gender barriers by becoming the first African-American woman to hold the position of first captain of the U.S. Military Academy’s Cadet Corp in August, received a standing ovation for her achievement.

Grateful for the exuberant applause, Askew told the audience that it is not her achievements that should be celebrated. “We must begin to normalize excellence,” she said. “And the best way to do that is to increase our expectations of each other. “Why do we just focus on the first, and not emphasize on the second and the third and the fourth?” she asked. “Until we increase those expectation not only of ourselves but on our community, we will not change our expectations about excellence. So I charge you to ask yourselves: what is next? What are we here to do next?”

Dozens of veterans received pins honoring their service in the Vietnam War, in recognition of the war’s 50th anniversary and commemoration that began in 2012 and extends to 2025. Despite the racism Blacks face in the military and when they return home, they continued to serve because “the military allows you to see an opportunity beyond where you are,” said Ward, a Baltimore native and 3-star general who served for more than 40 years in the Army. Ward said his time in the military began as a student at Morgan State University, and it turned into a four-year commitment because the military “allows you to see an opportunity beyond where you are.”

Dr. James Dula, CEO of James Dula Consulting, is a retired Vietnam veteran of the U.S Air Force where he served for 30 years. “The military,” he said, “was an attractive option, particularly for young men who lived in cities where jobs were not available in the early 1960s. The military gave them the opportunity to do something better with their lives, that Dr. Martin Luther King, Jr. talked about.” After years teaching middle and high school students, Dula said, “Youth today still have a burning desire to serve this country. They join to improve their lives, and for economic reasons and for an education that seems to be out of reach. They had the same patriotic desire I had when I joined the service in 1955.”

Members of the Omega Psi Phi Fraternity, Inc. were honored, as were Dr. Sheila Flemming-Hunter, ASALH Awards Chair; Dr. Bettye Collier-Thomas, Temple University professor of history; and Edgar Brookins, General Manager of the Afro-American Newspapers. Richard Collins III, the Bowie University student and Army Second Lieutenant fatally stabbed on the campus of the University of Maryland in an unprovoked hate crime in May, was also remembered with a moment of silence.

In addition, the U.S. Postal Service unveiled a 41st Black Heritage series commemorative stamp honoring legendary performer and civil rights activist Ms. Lena Horne.



Sigma Mu Mu Cleans Up Streets For Adopt-A-Highway



Loudoun County, VA— The Brothers of Sigma Mu Mu Chapter (SMM) continue to be a boon for Loudoun County.

On April 21, 2018, SMM held its first Adopt-A-Highway clean-up of the calendar year in Sterling, Virginia. It proved to be an awesome day for the clean-up, as the weather forecast was clear and allowed Brothers to comb over the chapter's assigned stretch of road for debris. Brothers efficiently cleaned the 3.1-mile route by incorporating the "buddy system," teaming up and tackling the route from several different directions. Moreover, the clean-up was completed during the month of April, in which the Virginia Department of Transportation (VDOT) recognizes Historic Garden Week throughout the Commonwealth. At the conclusion of the clean-up, SMM amassed roughly seven bags of trash for disposal. Once again, the Brothers of SMM are showing that fellowship and service go hand-in-hand, all the while helping to maintain the beauty of the area in which we live.



Talent Hunt Winner

Alpha Alpha, Kappa Iota Iota, and Zeta Omicron Chapters of Omega Psi Phi Fraternity, Inc. Host Annual Talent Hunt

Hampton, VA – On February 25, 2018, The Tri-Chapters of the Eastern Area III, Alpha Alpha, Kappa Iota Iota, and Zeta Omicron held their annual Talent Hunt. To say that the talent was amazing would be an understatement. The ten gifted participants, put on an amazing show that could have required a cover charge at the door. The audience was treated to various forms of artistic talent ranging from seasoned instrumentalist, powerful spoken word, soulful vocalists, and dramatic dancers. As if that was not enough, Master of Ceremony Brother Bruce Bond, was pleased to inform those in attendance that the average Grade Point Average of the contestants was roughly 3.25. Master Brelan Jenkins, cellist, took 1st place and \$250 with his spectacular stringed performance of Daniel van Goens, Scherzo OP. 12. In his closing remarks, Committee Chairman Brother David Hamlette, expressed to the parents, family members, instructors, and friends, how proud they should be of these young talented students. He went on to say, we should expect “GREAT things” from these kids and continue to support them at all cost. The program was very professional, an overall success, with all contestants leaving with a monetary stipend.



Zeta Omicron Bro Steven C. Dennis Honored



HAMPTON, VA – June 09, 2017, Brother Steven C. Dennis, a member of Zeta Omicron Chapter of Omega Psi Phi Fraternity, Inc. was honored and awarded the “Unity Award” by the City of Hampton for his outstanding services in the community. The award showcased his commitment to diversity, uplift and community involvement for the City of Hampton. Brother Dennis was selected by the Citizen’s Unity Commission because his contribution to the community had a profound impact with significant results.

The ceremony was held at the American Theatre located at 125 E. Mellen Street, Hampton, Virginia. Early this year, Brother Dennis was recognized by the City of Hampton’s Chief of Police and given an “Award of Excellence” for his contribution to the the City of Hampton Police Department. Brother Dennis has a MBA from Saint Leo University and a Graduate of the Newport News Shipbuilding Apprentice Program. He is a certified mentor and on the Mentorship Committee for Zeta Omicron’s Youth Academy Embodi Program, where they mentor 15 kids throughout the school year. Brother Dennis currently serves as the Treasurer for the Hampton Omega Foundation, which provide scholarships for City of Hampton High School Seniors. Brother Dennis was Zeta Omicron’s 2013 and 2014 Citizen of the Year Award winner.



Founders Banquet

Psi Alpha Alpha 2017 Rebuilding Together

ALEXANDRIA VA, The last Saturday in April brings out the best in the brothers of Psi Alpha Alpha Chapter and this year was no different as the chapter was once again an active and dedicated participant in the National Rebuilding Day, Saturday, April 29, 2017. This ambitious program stretches across the country and in our community, where volunteers contribute time, energy and skills improving the homes of senior citizens facing financial and other challenges. Eleven brothers (Jason Barnwell, Marion “Barney” Barnwell, Warren Bacote, Terry Cooper, Clarence Demory, Eddie Evans, Richard Garvin, Leroy Latten, Norris Middleton, Theodore Williams and Kenneth Younger) and one volunteer, Jose “JR” Lacayo, were among the more than 900 community members, in our larger northern Virginia areas of Arlington, Fairfax and Falls Church, who worked on 27 homes and several non-profit facilities during the nationally designated Rebuilding Together Day.

Psi Alpha Alpha, led by the steadfast, loyal and dedicated Barney Barnwell, who has served in this capacity for more than 27 years, was assigned a condominium in Alexandria, VA that had suffered slight earthquake damage several years ago. Though the condominium is compact and tidy, this Rebuilding Together project required several meetings at the work site and numerous trips to the hardware store to purchase necessary supplies and a few tools needed to get the job done. Expectations were to complete the project on the designated day; however, complications completing some tasks made it necessary to return to the project site the following Saturday, May 6th to ensure all tasks were not just completed but done satisfactorily. Brothers faithfully returning the following Saturday were Barney Barnwell, Clarence Demory, Leroy Latten and Kenneth Younger. Jose “JR” Lacayo, a volunteer, also returned and provided a helpful hand.

The homeowner was a very cordial female senior citizen, currently undergoing cancer treatment, who allowed required access to her home to evaluate the work to be performed and, of course, to perform those tasks agreed upon after a consultation with her. The Arlington/Fairfax/Falls Church Rebuilding Together team pre-screens each property to determine and assess those tasks which will make the home a safer and healthier place to live. Rebuilding Together’s mission is to provide, as much as possible, a safe and healthy home for our neighbors through financial and physical efforts of volunteers such Psi Alpha Alpha.

For some time, the homeowner did not have working ceiling lights in her kitchen; therefore, she was very pleased after both lights were made operable by replacing the old fixtures. The exhaust fan was also replaced. She now has a bright and more comfortable kitchen in which to cook and to clean once meals are finished. This repair was one she really enjoyed. Access to the condominium’s attic is by way of a pull down ladder in one of the bedrooms, which is uncomfortable in winter because of drafts from the attic’s trap door. To help reduce the amount of draft, our team of workers spread ceiling insulation in the attic which should make the bedroom more comfortable during the winter. Over time, air sealing the attic with insulation has the added benefit of reducing utility bills.





Prayer Breakfast
Pastor Cameron Mix
Z M M



**Prayer Breakfast
Pastor Cameron Mix**

Brothers who have currently entered Omega Chapter in the Third District

Brother Karlos Johnson (2013, Upsilon Nu Chapter)

Brother Foster Miles (1959, Zeta Iota Chapter)

Brother Walter Smith (56, Nu Psi Chapter)

Brother Sidney Vance (1962, Rho Chapter)

Brother Tracey Walton (1949, Pi Chapter)

Brother Togo West (1966, Kappa Psi Chapter)

*If any Brother(s) have been omitted, please email the name, Omega Chapter date, initiation date, current chapter affiliation, and a JPEG photo to courtenaymiller@aol.com.

When we wear the Gloves

by Brother Carver Portlock

*When we wear the gloves, a brother has gone from our midst and sailed to golden shores.
When we wear the gloves, a friend has passed the final test and walks through purple doors. The circle
has an empty place, a voice will raise no more, the song of fellowship and love, Uplift forevermore,
when we wear the gloves.*

*When we wear the gloves, a light goes from this earthly life, the visor closed again, yet all the heavens
open wide to let a new star in. When we wear the gloves,
a brother leaves the chapter rolls and moves to other worlds*

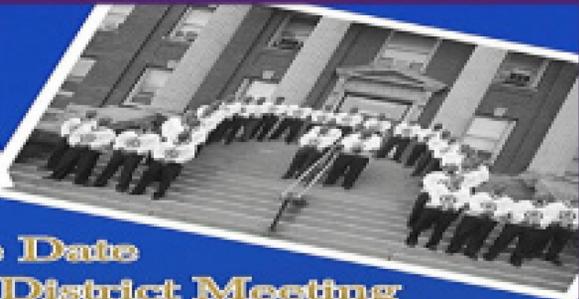
*For when we say our last goodbye, he walks on streets of Pearl.
when we wear the gloves.*

Third District Chaplain's Corner

Brother Rev. Courtenay Miller, Third District Chaplain is requesting our attendance on the prayer call at 6:30 AM, Monday – Friday.

Please send prayer requests to prayingOmegas@gmail.com.

Dial in number: 712-775-7031 Access code: 674166340



Save The Date
86th Annual Third District Meeting
April 11-14, 2019
Hyatt Regency Dulles
Herndon, VA



Sigma Mu Mu Chapter #942
Loudoun County, VA

PIC-COLLAGE

*CONGRATULATIONS TO THE BROTHERS OF EASTERN AREA III AND
 THE MIGHTY THIRD DISTRICT OF OMEGA PSI PHI FRATERNITY, INC.*

SIGMA MU MU LOOKS FORWARD TO HOSTING YOU IN 2019



Go to LINK to reserve your room TODAY:

<https://book.passkey.com/gt/216344032?gtid=1692034b805848352a740868bbe7a8&mobile=true&dw=414>